

The Native Food Forest at Christ the King Lutheran Church

CtK Food Forest Plant List 2023		light needs	water needs	height	bloom time	native	edible part	medicinal/tea	N fixer	accumulator	ground cover	insectary	fertilizer	deters pests
Ephemerals														
Wild Hyacinth	<i>Camassia scilloides</i>	full - part	mw-md	2 ft	May-June	x	x					x	x	
Perennial Fruits and Vegetables														
Wild Strawberries	<i>Fragaria virginiana</i>	full - shade	mw-d	6 in	Apr - June	x	x				x	x		
Prairie Turnip	<i>Pediomelum esculentum</i>	full	md-d	12 in	May-July	x†	x		x			x		
Clammy Groundcherry	<i>Physalis heterophylla</i>	full - part	mw-d	2 ft	June-July	x	x							
Black Raspberries	<i>Rubus occidentalis 'Jewel'</i>	full - part	m	6 ft	Apr-June	x	x							
Rhubarb	<i>Rheum cultorum</i>	full - part	m	3 ft			x				x		x	
Perennial Flowers														
Showy Wild Garlic	<i>Allium canadense var. lavendulare</i>	full	m-md	12 in	Apr - June	x†	x					x		x
Purple Poppy Mallow	<i>Callirhoe involucrata</i>	full	md-d	6 in	June - Aug	x	x	x			x	x		
Common Blue Violet	<i>Viola sororia</i>	full - shade	mw-md	4 in	Apr - June	x	x				x	x		
Virginia Spiderwort	<i>Tradescantia virginiana</i>	full - part	md-d	2 ft	May - July	x	x					x		
Ohio Spiderwort	<i>Tradescantia ohioensis</i>	full - part	mw-d	3 ft	May - July	x	x					x		
Nodding Wild Onion	<i>Allium cernuum</i>	full - part	mw-md	18 in	July - Aug	x	x	x				x		x
Evening Primrose	<i>Oenothera biennis</i>	full - part	mw-d	2-6 ft	June - Oct	x	x			x		x		
Anise Hyssop	<i>Agastache foeniculum</i>	full - part	m-md	3 ft	June - Sept	x	x	x				x		x
Golden Alexanders	<i>Zizia aurea</i>	full - part	mw-md	3 ft	Apr - June	x	x					x		
Bradbury's Monarda	<i>Monarda bradburiana</i>	full - part	m-md	2 ft	June - July	x		x				x		x
Lead Plant	<i>Amorpha canescens</i>	full - part	m-d	3 ft	June - Aug	x		x	x	x		x		
Mountain Mint	<i>Pycnanthemum virginianum</i>	full - part	w-md	3 ft	June - Sept	x		x				x		x
Columbine	<i>Aquilegia canadensis</i>	full - shade	m-d	2 ft	Apr-June	x		x				x		
Maryland Senna	<i>Senna marilandica</i>	full - part	mw-md	4 ft	July-Aug	x		x	x			x		
Blue Wild Indigo	<i>Baptisia australis</i>	full - part	mw-m	4 ft	May - July	x			x	x		x		
Small Yellow Wild indigo	<i>Baptisia tinctoria</i>	full - part	mw-d	2 ft	June - Aug	x			x	x		x		
White Prairie Clover	<i>Dalea candida</i>	full - part	m-d	2 ft	June - Sept	x			x	x		x		
Purple Prairie Clover	<i>Dalea purpurea</i>	full - part	m-d	2 ft	July - Sept	x			x	x		x		
Smooth Blue Aster	<i>Symphyotrichum laeve</i>	full - part	mw-md	4 ft	Aug - Oct	x						x		
Silky Aster	<i>Symphyotrichum sericeum</i>	full - part	md-d	1-2 ft	Sept - Oct	x						x		
Short's Aster	<i>Symphyotrichum shortii</i>	part - shade	m-md	3 ft	Aug - Oct	x						x		
Above guild plants surround the following 12 trees:														
2 Persimmons (<i>Diospyros virginiana</i>)		full-part	mw-d	40-60 ft	May - June	x	x							
3 Serviceberries (<i>Amalanchier arborea</i>)		full - part	mw-m	10-30 ft	Mar - Apr	x	x							
7 Paw Paws (<i>Asimina triloba</i>)		full-shade	mw-m	15-25 ft	Apr-May	x	x							
Abbreviations Key:														
w= wet mw= medium wet md= medium dry d= dry † symbol means native to US, but not to southwest Ohio														
Resources:														
<i>Edible Forest Gardens</i> by Dave Jacke with Eric Toensmeier														
<i>Native Plant Agriculture</i> by Indigenous Landscapes														
<i>People and Plants in Ancient Eastern North America</i> by Paul E. Minnis														
Myaamia Ethnobotany, Michael Paul Gonella, http://rave.ohiolink.edu/etdc/view?acc_num=miami1184770633														
Native American Ethnobotany Database, http://naeb.brit.org/users/species/701/														
https://veronicashukla.com/plant-list-for-a-beautiful-apple-tree-guild/														
https://treeyopernaculturedu.com														
https://tenhacrefarm.com														
https://prairiemoon.com														

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